

"When our world changes, we struggle for a while, and then, hopefully, our perspective expands in a way that allows us to deal with the change."





"Everyone is doing their best to make sense of and deal with the challenges of being a human being."







"Cherish all humans as part of the grand dance and flow of the universe."







"Enlightenment is waking up to the truth about reality, or the truth about who you really are."



 \sim Bill Harris







"Somehow - even if you can't see how - you are creating what's happening in your life."







"Think about us instead of me. lf you do, amazing things will happen."







"Instead of thinking only of yourself, become more aware of other people and their needs."







"Even though I may never meet you in person, I'm glad that you're in my life."



 \sim Bill Harris





"You are worthwhile. You are filled with promise."









"The suffering of the world, including one's own suffering, is much more bearable once a person experientially realizes his or her true nature."



